

BROCCOLI CHEDDAR BITES

INGREDIENTS

- 2 heads of broccoli, blanched
- · 3 eggs
- · Salt to taste
- Freshly ground black pepper
- 1 cup Cheese Love Cheddar Cheese grated
- 1 small onion chopped

INSTRUCTIONS

- 1 Chop up the broccoli into small pieces. Place it in a bowl and add eggs, salt, pepper, cheese and onion. Stir and set aside.
- Brush a muffin tray with some oil and scoop the mixture into it. Fill the muffin tray 3/4 way up.
- Bake in a preheated oven at 180C for 25 minutes or until lightly browned at the top. Serve with some more grated cheese on top.





